



Connect with ME: joining a Peer Support group

The Connect With ME Peer Support Group program is designed to introduce you to a group of people who are going through similar experiences to you. A Peer Support Group comes together to discuss their situations, socialise, share information and offer each other support. The following steps will help us find you a Peer Support Group:

- Step 1: Fill in the form below (or have someone help you fill it in) and send it back
- Step 2: We will try to find a group that best matches your preferences
- Step 3: We will contact you with potential groups you may be interested in
- Step 4: Once we have approval from both parties, we will share your contact details and you can begin communicating with the suggested group/s!

Private information

This information will be used by staff and volunteers and will not be shared publicly.

Full name: _____ Age: _____

Phone number/s: _____ Email: _____

Address: _____

_____ Postcode: _____

Membership information

Are you a member of Emerge Australia: Yes / No

You are required to become a member of Emerge Australia to access this service. Being a member enables us to better support people with ME/CFS and related conditions. To join go to our website at www.emerge.org.au and click on Do Something For Me/Become A Member or contact the office on (03) 9529 1344.



About you

The information you provide below will be used by staff and volunteers to determine whether there are suitable Peer Support Groups in your area

Do you have ME/CFS and/or a related condition?

(Carers of people affected are also welcome)

How long have you lived with ME/CFS?

(Provide an approximate length of time eg more than five years)

Who is your diagnosing doctor?

(It is not mandatory for you to have a diagnosing doctor to participate in a peer support group)

How far are you able to travel from home - either in time or in distance?

What do you hope to experience/achieve by attending a Peer Support Group?

Please return printed forms to:

Emerge Australia
Connect with ME Peer Support Group
PO Box 120
Prahran VIC 3181