



How to Find and Tag Political Candidates on Social Media

During an election campaign, tagging political candidates on social media can help raise awareness for issues like ME/CFS and long COVID.

Here's how to find and tag them on major platforms.

Contents

| | |
|---|---|
| 1. Facebook | 2 |
| 2. Twitter (X)..... | 2 |
| 3. Instagram | 2 |
| 4. Bluesky | 3 |
| General Tip: Using Google to Find Social Media Handles..... | 3 |
| Additional Resources | 3 |



1. Facebook

How to Find a Candidate:

1. Go to Facebook.
2. In the search bar, type the candidate's name and their party (e.g., *Jane Smith Labor*).
3. Look for a verified page (blue checkmark) or an official campaign page.
4. Use filters like **Pages** or **People** if needed.

How to Tag:

- Type @ followed by their page name (e.g., @JaneSmithMP).
 - Facebook will suggest accounts as you type—select the correct one.
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2. Twitter (X)

How to Find a Candidate:

1. Go to Twitter.
2. Enter the candidate's name and party in the search bar.
3. Look for verified accounts (blue checkmark) or official branding.
4. If unsure, check the party's official account for mentions.

How to Tag:

- Type @ followed by their handle (e.g., @JohnSmithMP).
 - Ensure you are tagging the correct account before posting.
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3. Instagram

How to Find a Candidate:

1. Go to Instagram.
2. Tap the search icon (🔍) and type the candidate's name and party.
3. Look for a verified account (blue checkmark) or an official campaign page.
4. Check their party's Instagram page if needed.

How to Tag:

- Type @ followed by their username (e.g., @janesmithmp).



- Instagram will suggest accounts as you type—select the correct one.
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4. Bluesky

Note: Few politicians have BlueSky accounts. The Independents are more likely to.

How to Find a Candidate:

1. Go to Bluesky.
2. Use the search function to enter the candidate's name.
3. Look for usernames in an email-style format e.g. `janesmith.bsky.social`
4. Check their party's Bluesky account for mentions if needed.

How to Tag:

- Type @ followed by their handle (e.g., `@johnsmith.bsky.social`).
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General Tip: Using Google to Find Social Media Handles

If a candidate's social media handle is not easily found through a platform's search function, try using Google:

1. Go to Google.
 2. Search for Candidate Name Party Twitter/Instagram/Facebook/Bluesky (e.g., *John Smith Labor Twitter*).
 3. Look for official profiles from verified sources or links from the candidate's official website.
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Additional Resources

- **Find Your Electorate:** Use the AEC Electorate Search to confirm your electorate.
- **Candidate & Electorate Information:** The ABC provides a guide with details on candidates and electorates: ABC Election Guide.
- **Are You in a Marginal Seat?** Check key battleground electorates at the ABC Key Seats Guide.

By tagging candidates effectively, ME/CFS patients and advocates can ensure their voices are heard during the election campaign.